

NOW
AVAILABLE
FOR AGES
5+

GET THE FACTS.

BOOSTER SHOTS

COVID-19 vaccines are effective

COVID-19 vaccines protect against severe illness, hospitalization, and death. Staying up-to-date on COVID-19 vaccines, including getting a booster when you are eligible, is important so that you have the most protection.



BOOSTERS ARE SAFE

COVID-19 boosters have the same ingredients as the original vaccines, which have been proven safe for hundreds of millions of people. Mild side effects are normal. Serious side effects are very rare.



BOOSTERS HELP YOU STAY PROTECTED

Boosters are shots you get after you are fully vaccinated so that you can stay protected against COVID-19.



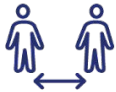
Boosters are common for many vaccines. For example, tetanus vaccines require boosters every 10 years for adults.

Scientists have found that with some vaccines a person's protection decreases over time, and a booster helps them stay protected. COVID-19 boosters work the same way.

Who can get a booster

Boosters give everyone extra protection, but they are especially important for people with health conditions, jobs, or living situations that mean they have a higher risk of catching COVID-19 or becoming seriously ill.

Boosters are free for everyone regardless of your immigration status, or whether you have health insurance or an ID.



GET EVEN MORE PROTECTION

The best way to protect your family, your community and yourself from COVID-19 is to stay up to date with your vaccines. Being up-to-date means getting both doses of a two-shot vaccine, and then getting any booster shots you are eligible for.

Continue to wear a mask, practice social distancing, and stay home when you are sick to keep everyone safe.

**PROTECT YOURSELF. PROTECT YOUR COMMUNITY.
GET VACCINATED.**

For more information visit protectMB.ca

or call **Health Links - Info Santé**

(204) 788-8200 or 1-888-315-9257